



How MRSS is different

MRSS specializes in behavioral health crises, offering crisis counseling and emotional de-escalation. MRSS responders:

- Are specially trained in youth mental and emotional health.
- Focus on calming and supporting, not punishment.
- Help in the community to avoid ER visits or police involvement.

MRSS is now available across Ohio for youth 20 and under.

About MRSS providers

MRSS support is divided into regions across Ohio, ensuring that a behavioral health provider who is familiar with your region is the one responding to your crisis.

Learn more at MRSS.Ohio.gov.

Alta Care Group

Alta is a trusted leader in behavioral health care and early education in the Mahoning Valley.

We are the MRSS provider for Mahoning and Trumbull counties and the subcontracted provider for Columbiana county.

Alta supports the social, emotional, behavioral, educational, and physical well-being of children, adolescents, young adults and their families through high-quality services, including:

- Counseling and Psychiatry
- Therapeutic Support and Peer Support
- Head Start and Early Head Start
- School and Community-Based Prevention

Alta Care Group
711 Belmont Avenue,
Youngstown, Ohio 44502
(330) 793-2487

www.altacaregroup.org

Crisis support
anytime,
anywhere.

Call 988

Ohio now offers statewide behavioral health crisis support for youth ages 20 and under. Through Mobile Response and Stabilization Services (MRSS), crisis responders will come to youth wherever they are.



MRSS

Mobile Response &
Stabilization Services

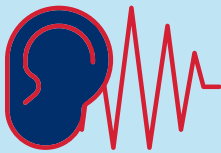
What is MRSS?

MRSS stands for Mobile Response and Stabilization Services. It's a no-charge program for children, teens, and young adults age 20 or under who are experiencing a behavioral health crisis or emotional distress.

Our trained team comes to you — at home, school, or another safe place — to help calm the crisis, make a safety plan, and connect you with support.

WHEN TO CALL FOR MRSS

Our behavioral health responders are here to:



Listen, understand, and calm the crisis.



Help you make a safety plan.



Support you for up to 42 days after the crisis.

You do not need insurance. You will not get a bill.

Call if a youth age 20 or under is:

- Feeling overwhelmed, very sad, or hopeless.
- Talking about self-harm or hurting someone else.
- Showing extreme anger or fear.
- Having a hard time coping at home, school, or with friends.
- Behaving in ways that seem unsafe or very out of character.
- You define the crisis, so if it feels like a crisis to you or the youth, call 988 and ask for MRSS.

If there is physical harm or the immediate threat of physical harm to the youth or any other person, call 911.



Call 988.

You define the crisis, so if it feels like a crisis to you, your child, or your student, call 988 and ask for MRSS.



We come to you.

If needed, our mobile team will meet you where you are — home, school, or another safe place — usually within an hour.



We stay involved.

We help for up to 72 hours after the first visit. If needed, we continue to work with you for up to 42 days, helping connect you to ongoing support and services in your community.

HOW MRSS WORKS